

The NIH Undiagnosed Diseases Program: Medicine for the 21st Century

16 October 2015

Xth International Conference on Rare Diseases
and Orphan Drugs

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Director, NIH Pediatric Undiagnosed Diseases Program

I have no conflicts of interest to
disclose



It Takes a Village...

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Camilo Toro
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Fred Gill
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John Schreiber
Ariane Soldatos
Johannes Dastgir
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Tyler Pierson

Gretchen Golas
Lynne Wolfe
Catherine Groden
Michele Nehrebecky
Colleen Wahl
Rena Godfrey

Joy Bryant
Jean Johnston
Casey Hadsall
Val Robinson
David Draper

Cheryl Hipple
Jose Salas
Joan Rentsch
Anabella Roman
Lisa Gardner
Quentin Whitley

Neil Boerkoel
Tom Markello
Murat Sincan
Praveen Cherukuri

Karin Fuentes Fajardo
Valerie Muduro
Hannah Carlson-Donohoe
Jacqueline Brady
Aditi Trehan
Dimitre Simeonov
John Accardi
May Malicdan
Yan Huang
Shira Ziegler
Tim Gall
Taylor Davis
Charles Markello
Roxanne Fischer
William Bone
Amanda Links
Elise Flynn
Elise Valenzuela

Collaborators...the expanded village

Charité Hospital, Berlin

Peter Robinson

University of Toronto

Michael Brudno

Oregon Health Sciences University

Melissa Haendel and the
Monarch Consortium

Children's Hospital Philadelphia

Michael Bennett
Miao He

Case Western Reserve University

Charles Hoppel

Sanger Institute, Cambridge University

Damian Smedley

University of Cincinnati

Bruce Aronow

NHGRI

Shawn Burgess

University of Miami

Grace Zhai
Gennaro D'Urso

University of California, Los Angeles

Shuo Lin

NIH Intramural Sequencing Center

Jim Mulliken

NIH Clinical Center

> 50 physician scientists who volunteer
their time and expertise

Every rare disease was once
an undiagnosed disease!!

6% of patients contacting the Office of Rare Disorders do not have a diagnosis



The unmet need...

- Of the 6000 calls to the NIH Office of Rare Diseases Research in 2007, nearly 400 (6%) were from patients who did not have a diagnosis.
- Of the callers who did have a diagnosis
 - 33% took 1-5 years to receive that diagnosis and,
 - 15% took >5 years.



The Dream:

The NIH Undiagnosed Diseases Program

Launched in May, 2008 as a 5 year pilot project with two main objectives that reflect the mission of the NIH:

- Public Service
 - To provide answers to patients with mysterious conditions that had long eluded diagnosis
- Biomedical Research
 - To advance medical knowledge by providing insight into human physiology and the genetics of rare and common diseases



The dreamers...

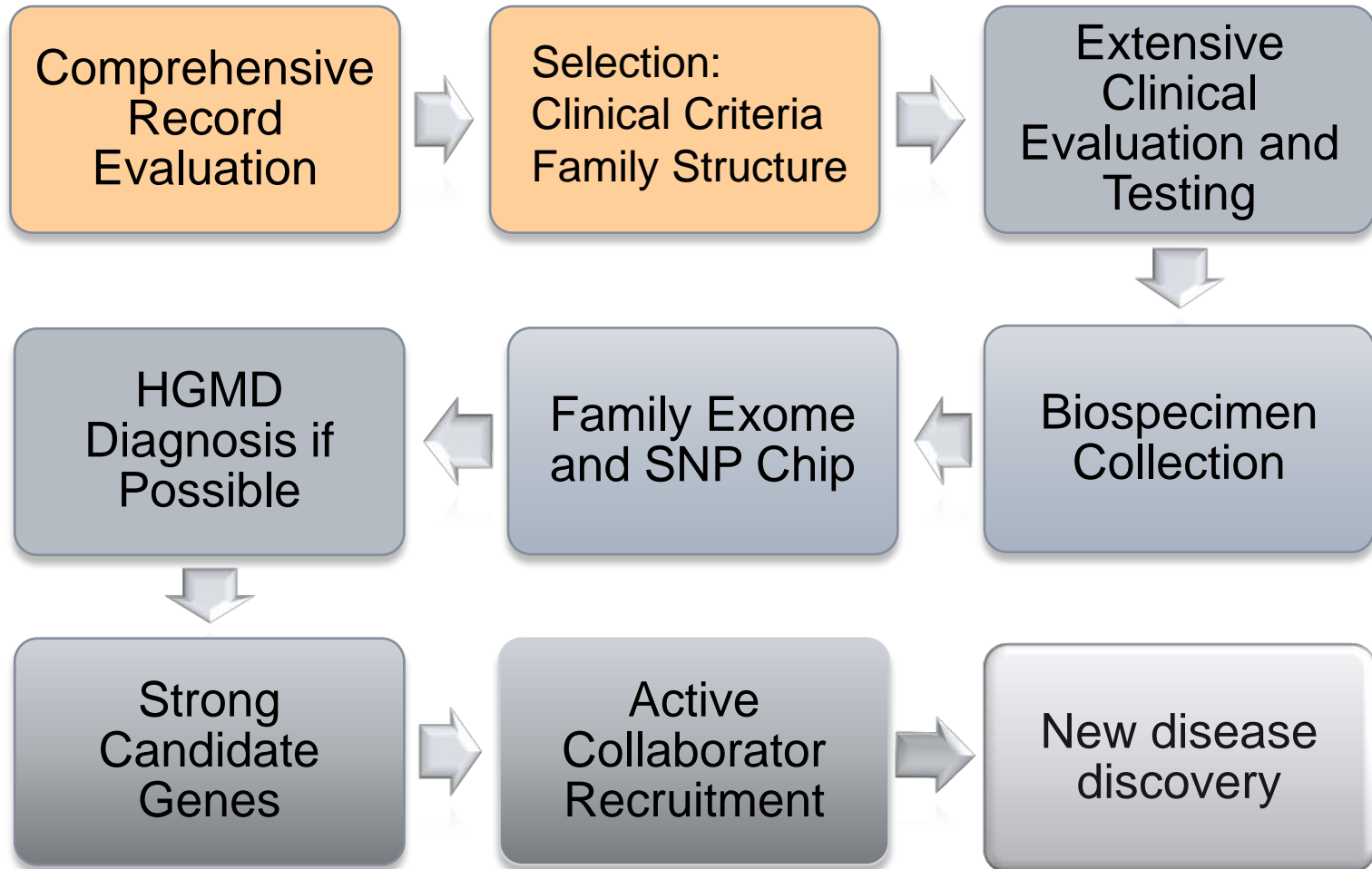


Steve Groft



Bill Gahl

UDP Model



UDP Operations

- Applications are received, acknowledged, and additional records, radiographs, photos, or pathology slides are requested.
- Charts are organized and scanned electronically.
- Adult and pediatric directors triage records for review by appropriate specialists
- Directors synthesize specialist reviews and make a final disposition
- Patients and referring physicians are informed of the decision.



All UDP applicants are desperate--

- Everyone gets something from the UDP
 - Complete charts are organized
 - Every chart is read thoroughly by specialists
 - Applicants not accepted (75%) & their physicians receive a personal letter with recommendations for further work up
 - Accepted applicants (25%) receive a one week inpatient evaluation at the NIH Clinical Center in Bethesda, Maryland



Optimizing Selection Criteria

- Patients more likely to be selected
 - Objective documented physical or biochemical finding
 - Completely evaluated in an academic medical setting
 - Family structure favorable to genetic analysis
 - Both parents available for blood samples
 - Additional family members with the same phenotype
 - Unaffected siblings
 - Consanguineous families



UDP statistics 2008-2015*

■ Inquiries	7585
■ Medical Records	3124 (41%)
■ Acceptances	966 (31%)
■ Pediatric probands	348 (36%)
■ Female	519 (54%)
■ Neurologic phenotype	(~50%)
■ Diagnoses	176 in 150 (20%)
■ Pediatric diagnoses	93 (33%)

* As of October 12, 2015

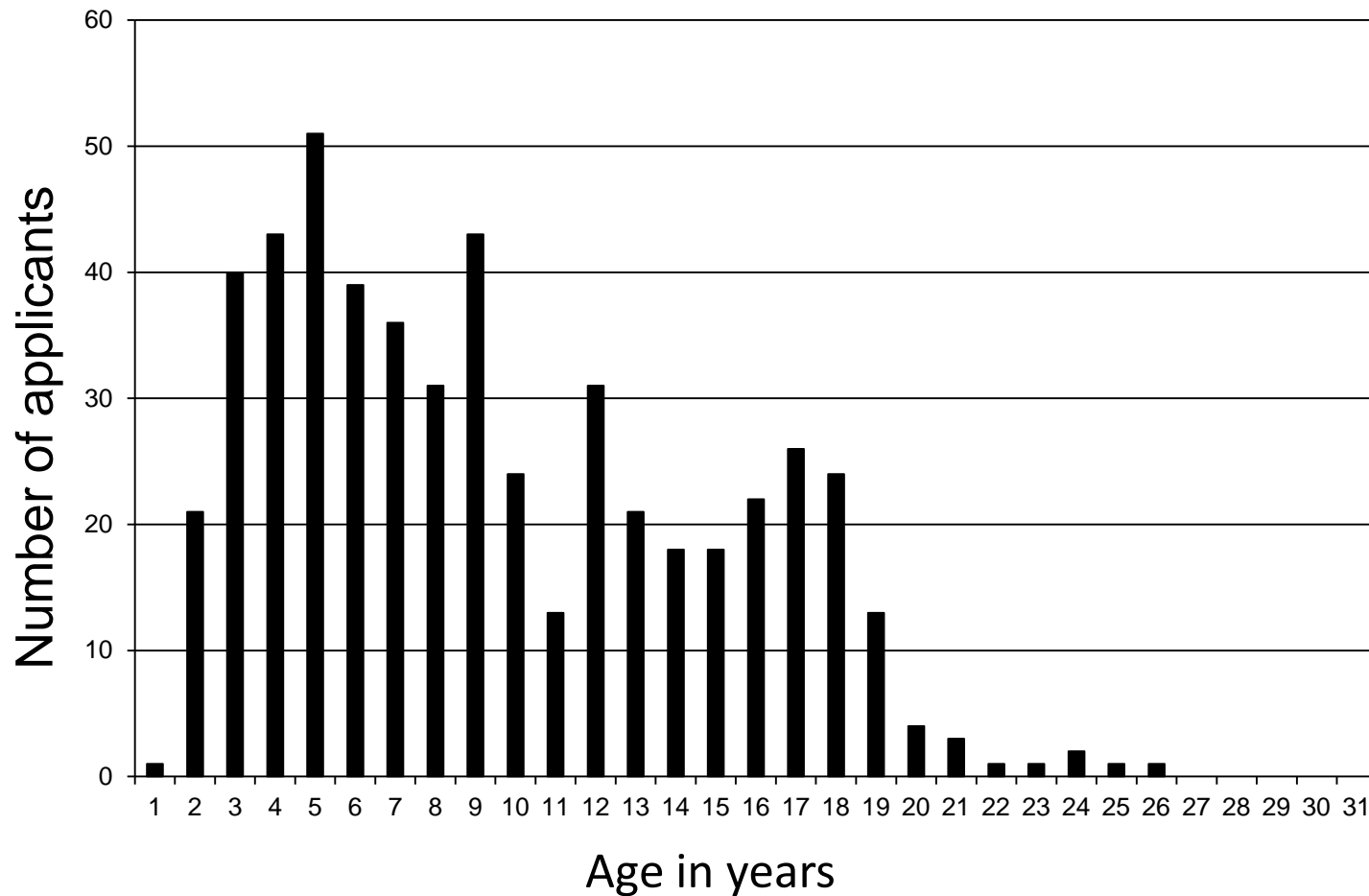


Major Phenotypes

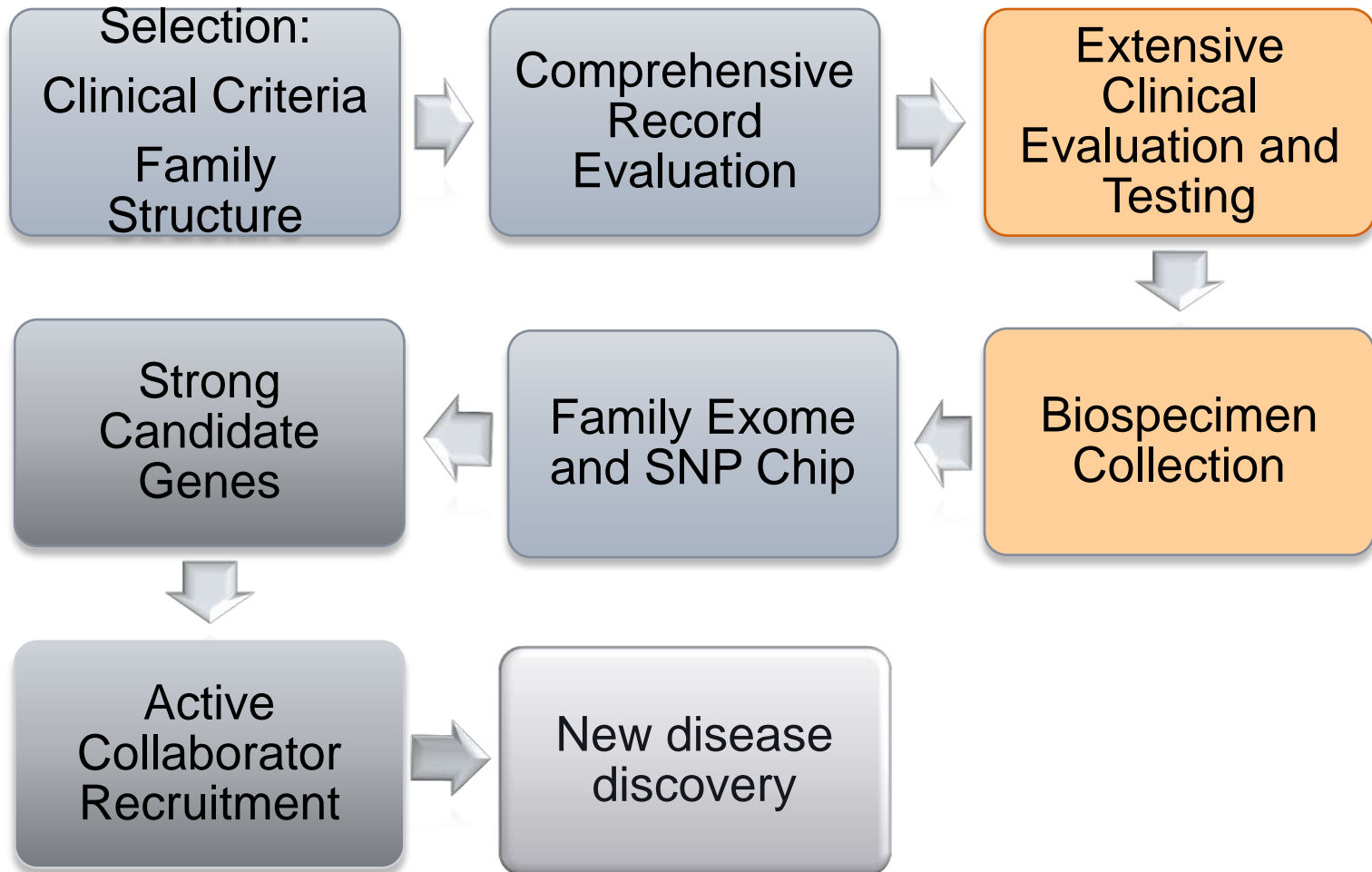
	<u>Applicants</u> (N=1006)	<u>Accepted</u> (N=288)
Cardiovascular	4%	8%
Dermatology	5	3
Endocrine	3	5
Fibromyalgia/CFS	8	1
Gastrointestinal	10	4
Hematology	2	2
Immunology	6	5
Neurology	51	57
Pulmonary	3	5
Renal	2	3
Rheumatology	5	6
<hr/>		
Female	60%	56%



Pediatric applicants



UDP Process



phe·no·type

- the observable properties of an organism that are produced by the interaction of the genotype and the environment
- Without accurate phenotyping, exome/genome analysis is uninterpretable.
- Careful phenotyping is everything!!



Phenotyping in the UDP

- Starts when charts are received
- Becomes more focused as charts are reviewed and patient accepted
- Expands during the patient evaluation
- Comes together once all clinical and diagnostic testing is received



Scheduling the evaluation...

F.P.		DOB		MR #		UDP#			
Monday 02/10/2014		Tuesday 02/11/2014		Wednesday 02/12/2014		Thursday 02/13/2014		Friday 02/14/2014	
7:00a	Admissions	7:00a		7:00a	Sedate Day	7:00a		7:00a	
7:30a		7:30a		7:30a		7:30a		7:30a	
8:00a	Informed Consent	8:00a	EKG	8:00a	Sedated brain MRI/MRS, eye exam, skin biopsy, and LP	8:00a	Speech and swallow study w/ Beth Solomon in Radiology	8:00a	OT w/ Becky in Rehab Medicine
8:30a		8:30a		8:30a		8:30a		8:30a	
9:00a	History and physical on 1NW Inpatient Unit	9:00a	Neuropsych w/ Dr. Thurm ~ meet at the bedside	9:00a	Genetic Counseling	9:00a		9:00a	
9:30a		9:30a		9:30a		9:30a	Abdominal U/S	9:30a	EEG in 7 SW Neuro Testing
10:00a		10:00a		10:00a		10:00a		10:00a	
10:30a		10:30a		10:30a		10:30a		10:30a	
11:00a		11:00a		11:00a	EMG in PACU	11:00a		11:00a	Clinical Photos
11:30a		11:30a		11:30a		11:30a	Eye appointment w/ Dr. Zein in OP-11	11:30a	
12:00p		12:00p	Neurology w/ Dr. Paul Lee at the bedside	12:00p		12:00p		12:00p	
12:30p		12:30p		12:30p		12:30p		12:30p	
1:00p	Audiology and ABR in OP-5	1:15p		1:00p		1:00p		1:15p	DEXA scan in Nuclear Medicine
1:30p		1:30p		1:30p		1:30p		1:30p	
2:00p		2:00p	Pre-Anesthesia Clinic	2:00p	Nutrition w/ Jennifer Myles at the bedside	2:00p		2:00p	PT w/ Zavera
2:30p		2:30p		2:30p		2:30p		2:30p	
3:00p	Physiatry w/ Dr. Paul in Rehab Medicine	3:00p	Echocardiogram in SNE-N	3:00p		3:00p		3:00p	
3:30p		3:30p		3:30p		3:30p		3:30p	
4:00p		4:00p	Neurology w/ Dr. Toro at the bedside	4:00p		4:00p		4:00p	Wrap-Up
4:30p		4:30p		4:30p		4:30p		4:30p	
5:00p		5:00p		5:00p		5:00p		5:00p	
6:00p		6:00p		6:00p		6:00p		6:00p	
7:00p		7:00p		7:00p		7:00p		7:00p	
8:00p		8:00p		8:00p		8:00p		8:00p	
9:00p		9:00p		9:00p		9:00p		9:00p	

Choreography of pediatric sedation day...

Pediatric anesthesia services in MRI suite to accomplish multiple studies under a single 3-5 hour sedation:

- Brain MRI/MRS
- Lumbar puncture
- Skin biopsy
- Eye exam
- Brainstem evoked response
- Dysmorphology exam
- Dental exam
- EMG/NCV
- Large blood draws
- Catheterization for urine sample
- Minor surgical procedures

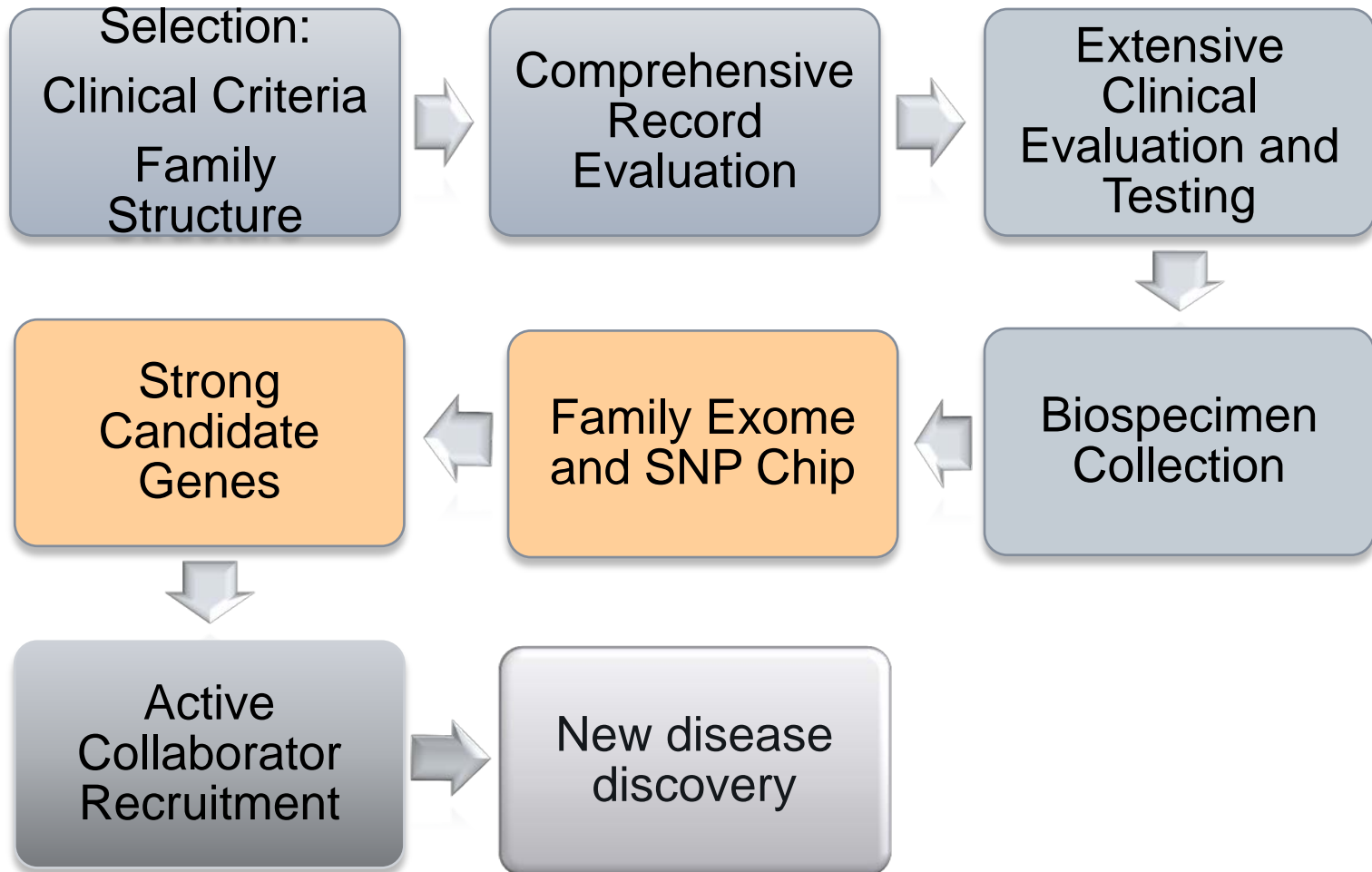


Pediatric UDP: First 5 years

- Patients Evaluated 215 (193 families)
 - Patients diagnosed 56 (26%)
 - Two families had 3 diagnoses each
 - Nine families had 2 or more affected sibs
 - Two patients had a deceased sib with the same phenotype
 - Genetic diagnoses made 50
 - Next Gen/SNP analysis 22
 - Conventional testing 28
 - May excellent candidate genes not previously linked to human disease



UDP Process



Working hypotheses...

- An extremely rare disease
- More than one disease....
- An unusual presentation of a more common disease
- An entirely new disease

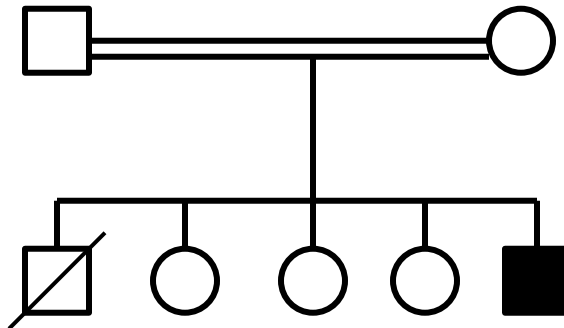


Extremely rare disease



UDP 1846

- 5 year old with adducted thumbs, clubbed feet, hypotonia, and bleeding disorder

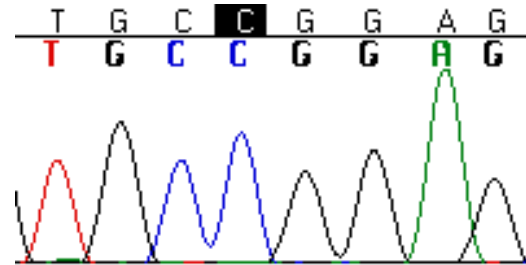


UDP 1846



Phenotype suggests candidate gene

- SNP array shows 26 Mb of homozygosity unique to the patient containing 72 genes.
- One gene fits clinical picture: *CHST14*
- Patient homozygous for G>C in exon 14.



- *CHST14* encodes dermatan-4-sulfotransferase 1 important for the formation of dermatan sulfate which is fibrinolytic.
- Could one prevent the bruising/bleeding by treating with dermatan sulfate?

The Phenotype of the Musculocontractural Type of Ehlers-Danlos Syndrome due to *CHST14* Mutations

Andreas R. Janecke,^{1,2*} Ben Li,³ Manfred Boehm,⁴ Birgit Krabichler,² Marianne Rohrbach,⁵ Thomas Müller,¹ Irene Fuchs,¹ Gretchen Golas,⁶ Yasuhiro Katagiri,⁷ Shira G. Ziegler,⁶ William A. Gahl,⁶ Yael Wilnai,⁸ Nicoletta Zoppi,⁹ Herbert M. Geller,⁷ Cecilia Giunta,⁵ Anne Slavotinek,³ and Beat Steinmann⁵

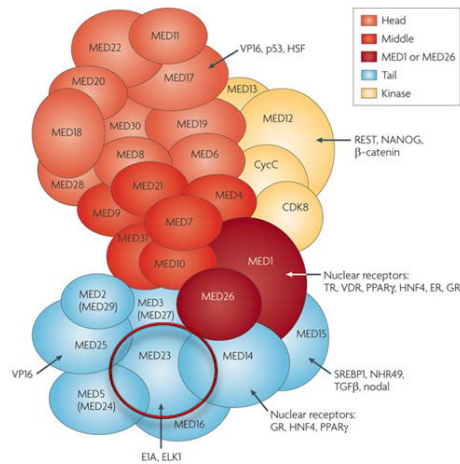
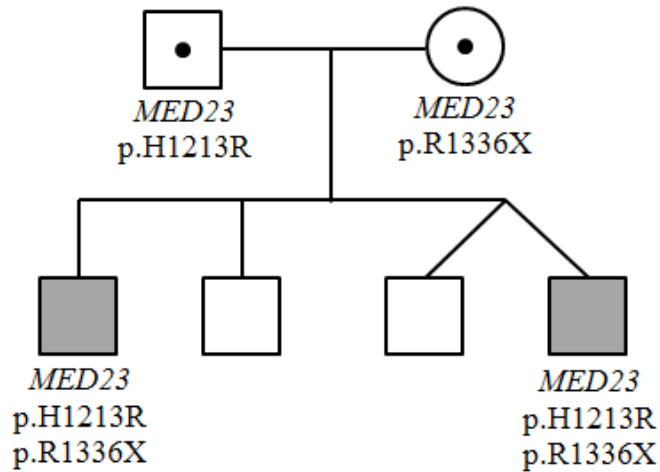
Extremely rare disease with expanded phenotype



UDP 2146, 2156

MED23-Associated Intellectual Disability in a Non-Consanguineous Family

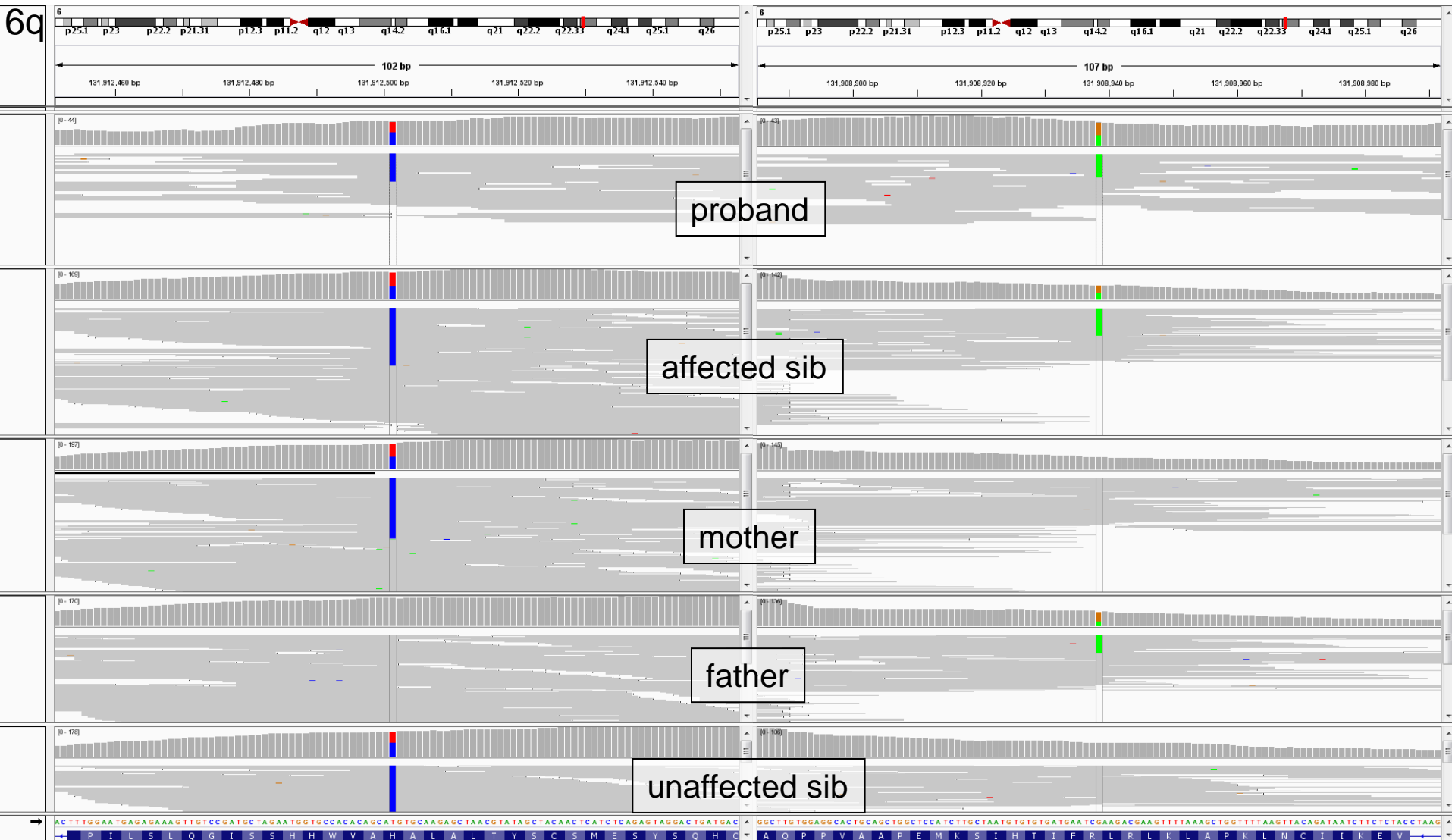
Aditi Trehan,^{1,2} Jacqueline M. Brady,^{1,2} Valerie Maduro,^{1,2} William P. Bone,^{1,2} Yan Huang,^{1,2} Gretchen A. Golas,^{1,2} Megan S. Kane,² Paul R. Lee,³ Audrey Thurm,⁴ Andrea L. Gropman,^{1,5} Scott M. Paul,⁶ Gilbert Vezina,⁵ Thomas C. Markello,² William A. Gahl,^{1,2} Cornelius F. Boerkoel,² and Cynthia J. Tiffet^{1,2*}



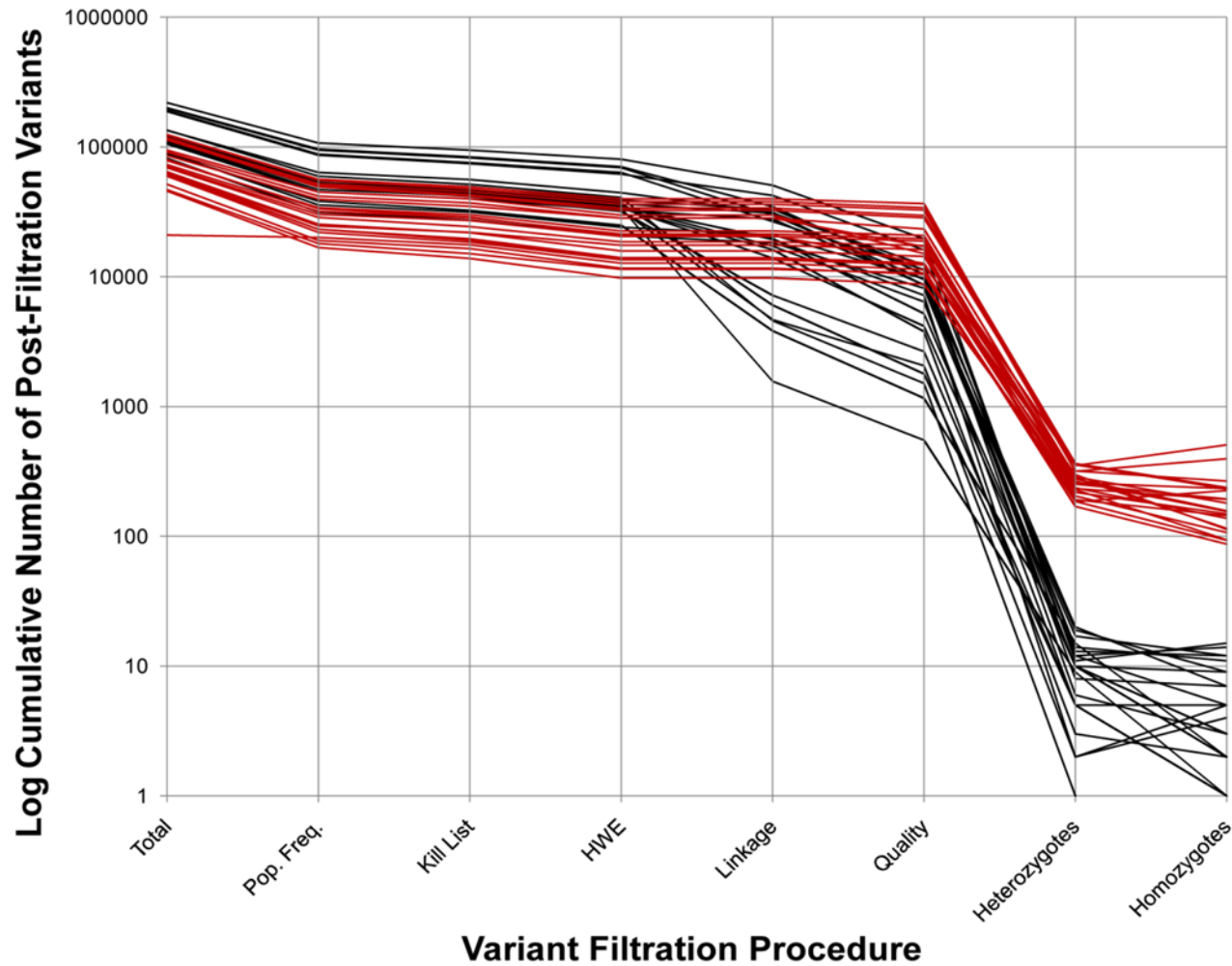
Nature Reviews | Genetics



UDP 2146,2156



Filtered Variants, Family vs No Family

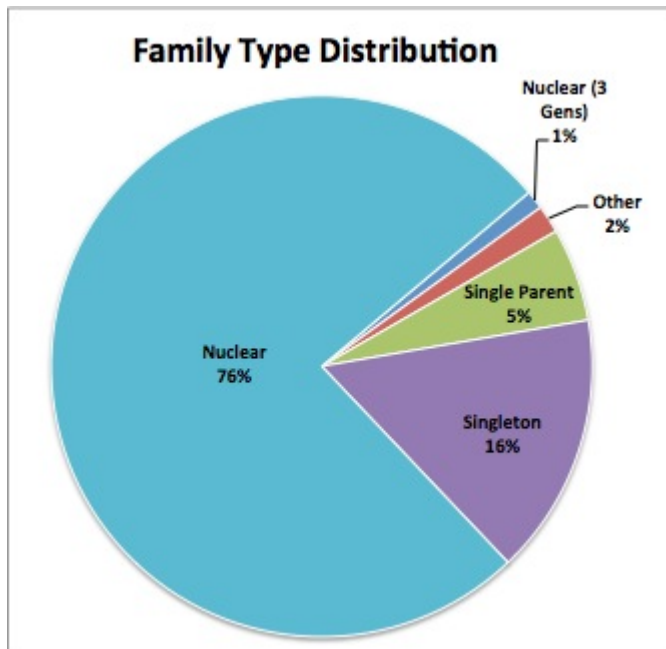


**Analysis of DNA Sequence Variants Detected
by High-Throughput Sequencing**



David R. Adams,^{1,2*} Murat Sincan,² Karin Fuentes Fajardo,¹ James C. Mullikin,^{5†} Tyler M. Pierson,^{1,4} Camilo Toro,¹ Cornelius F. Boerkoel,¹ Cynthia J. Tift,^{1,3} William A. Gahl,^{1,2,3} and Tom C. Markello³

Exome analysis in the UDP



Exome analysis

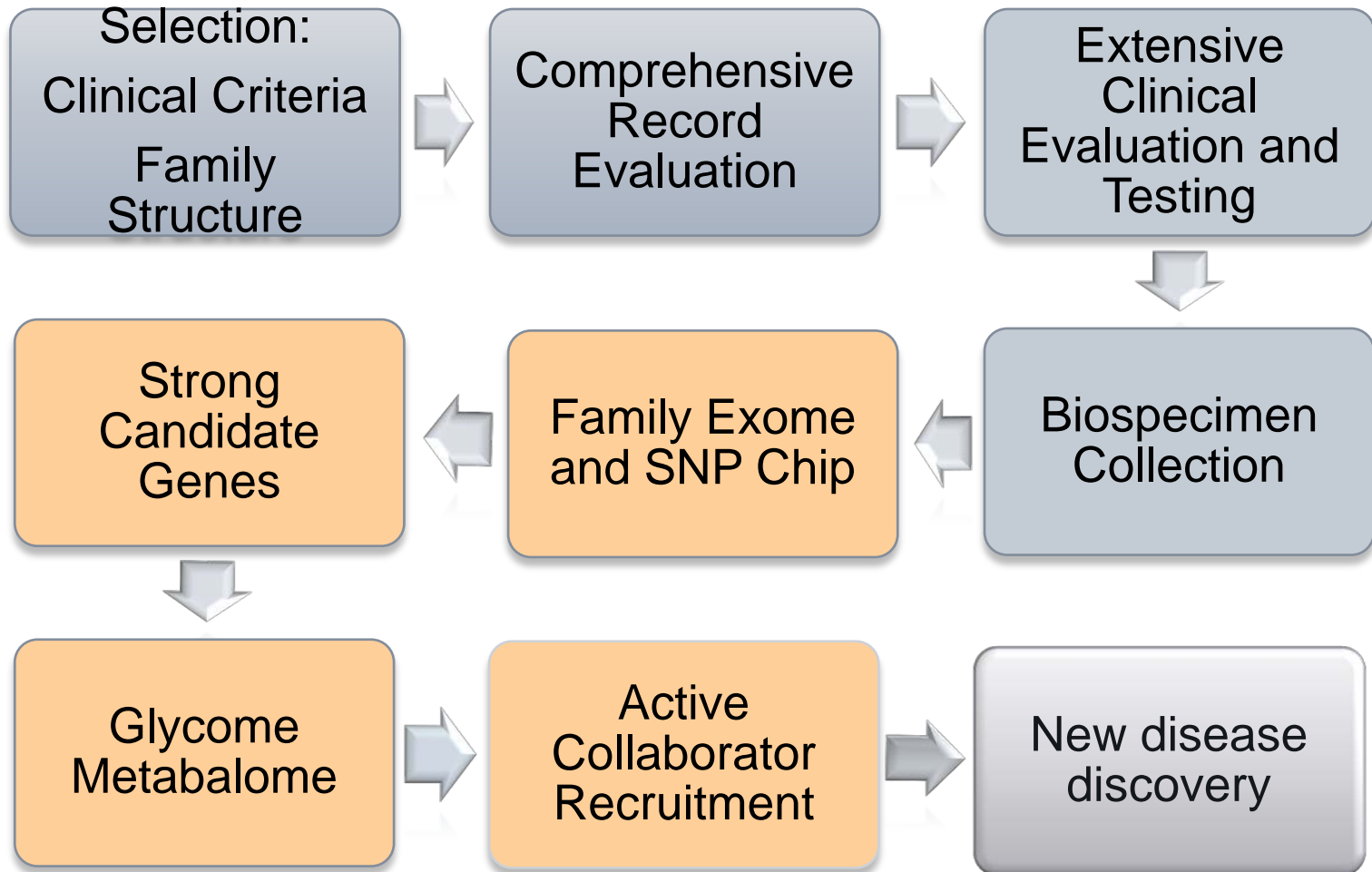
- 360 families
- 1329 exomes

Average Family Size

- Pediatric patients 4.1
- Adult patients 3.3

Family Type	Diagnosed	With Lead	Unsolved	In Pipeline
Singleton	7	2	43	4
Nuclear All	68	66	71	71
Single Parent	4	1	8	7
Other	1	0	5	0

UDP Process *Revised*



UDP 887,1248

11 year old Male

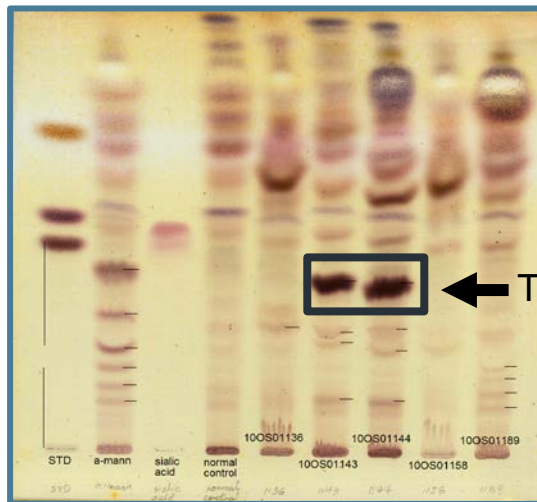
- ✦ Dysmorphic facial features
- ✦ Global developmental delay
- ✦ Spastic paraparesis
- ✦ Truncal hypotonia
- ✦ Bilateral hearing loss
- ✦ Optic atrophy
- ✦ Cerebral atrophy, small corpus callosum, low NAA
- ✦ Multiple fractures
- ✦ Leukocytosis
- ✦ Generalized aminoaciduria
- ✦ **Hypogammaglobulinemia**
- ✦ Normal carbohydrate deficient transferrin



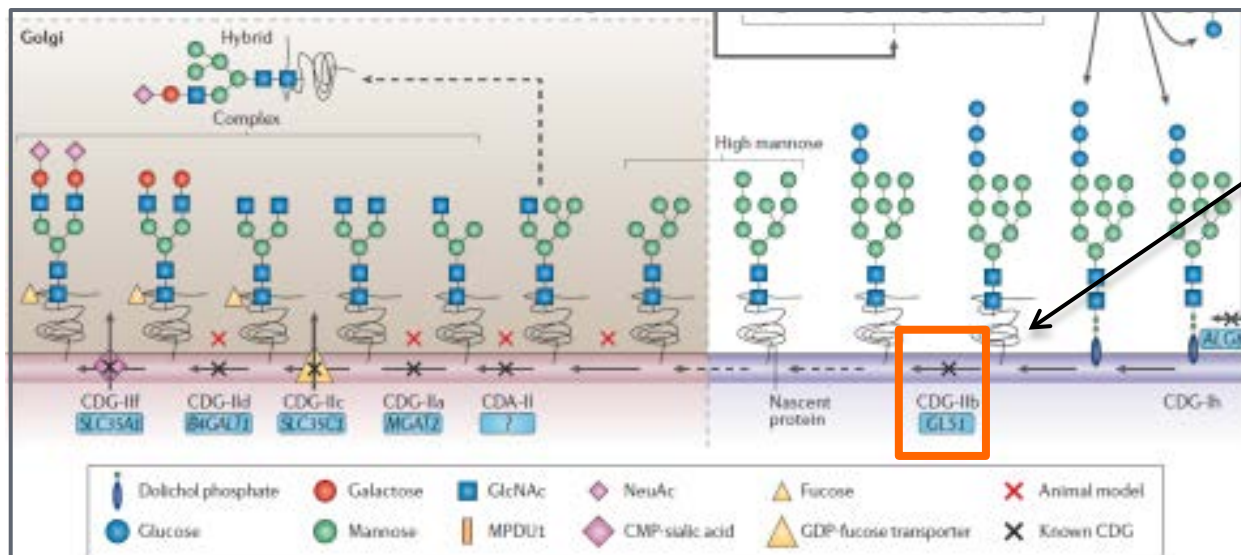
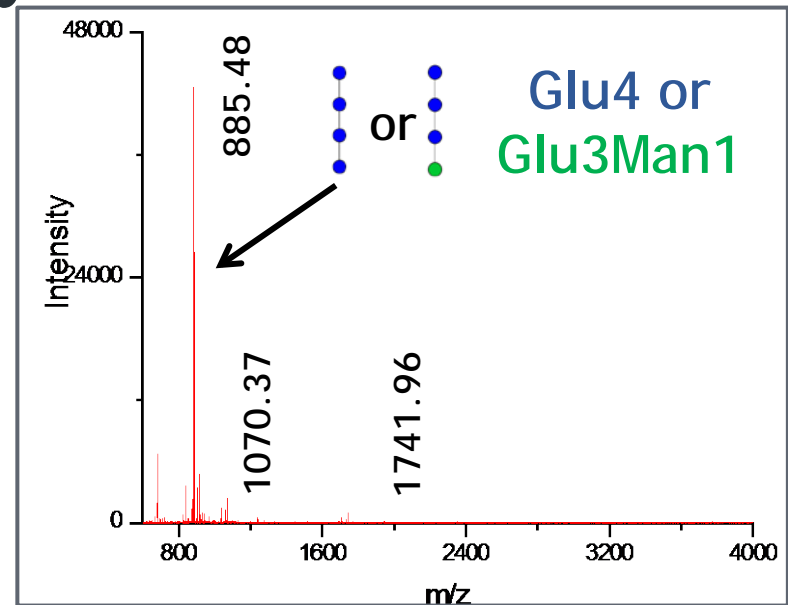
6 year old Female

- ✦ Dysmorphic facial features
- ✦ Global developmental delay
- ✦ Generalized hypotonia
- ✦ Neonatal seizures
- ✦ Cerebral folate deficiency
- ✦ Optic atrophy
- ✦ Cerebral atrophy, small corpus callosum, low NAA
- ✦ Leukocytosis
- ✦ **Hypogammaglobulinemia**
- ✦ Normal carbohydrate deficient transferrin

Urine glycans prove key



Tetrasaccharide



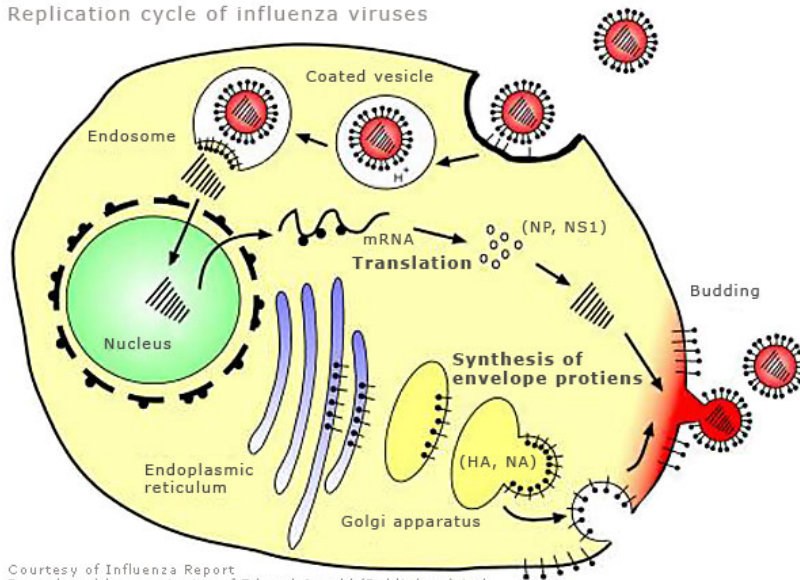
Mannosyl-Oligosaccharide Glucosidase

Diagnosis--
MOGS-CDG

Glycosylation, Hypogammaglobulinemia, and Resistance to Viral Infections

Mohammed A. Sadat, M.D., Ph.D., Susan Moir, Ph.D., Tae-Wook Chun, Ph.D., Paolo Lusso, M.D., Ph.D., Gerardo Kaplan, Ph.D., Lynne Wolfe, N.P., Matthew J. Memoli, M.D., Miao He, Ph.D., Hugo Vega, M.D., Ph.D., Leo J.Y. Kim, B.A., Yan Huang, Ph.D., Nadia Hussein, B.E., Elma Nieves, M.D., Raquel Mitchell, Ph.D., Mary Garofalo, R.N., Aaron Louie, B.Sc., Derek C. Ireland, Ph.D., Claire Grunes, Raffaello Cimbri, Ph.D., Vyomesh Patel, Ph.D., Genevieve Holzapfel, Ph.D., Daniel Salahuddin, B.Sc., Tyler Bristol, M.S., David Adams, M.D., Beatriz E. Marciano, M.D., Madhuri Hegde, M.D., Yuxing Li, Ph.D., Katherine R. Calvo, M.D., Ph.D., Jennifer Stoddard, B.S., J. Shawn Justement, M.S., Jerome Jacques, M.S., Debra A. Long Priel, M.S., Danielle Murray, M.A., Peter Sun, Ph.D., Douglas B. Kuhns, Ph.D., Cornelius F. Boerkoel, M.D., Ph.D., John A. Chiorini, Ph.D., Giovanni Di Pasquale, Ph.D., Daniela Verthelyi, M.D., Ph.D., and Sergio D. Rosenzweig, M.D., Ph.D.]

Replication cycle of influenza viruses



Courtesy of Influenza Report
Reproduced by permission of Edward Arnold (Publishers) Ltd

• Vaccinations and Titers

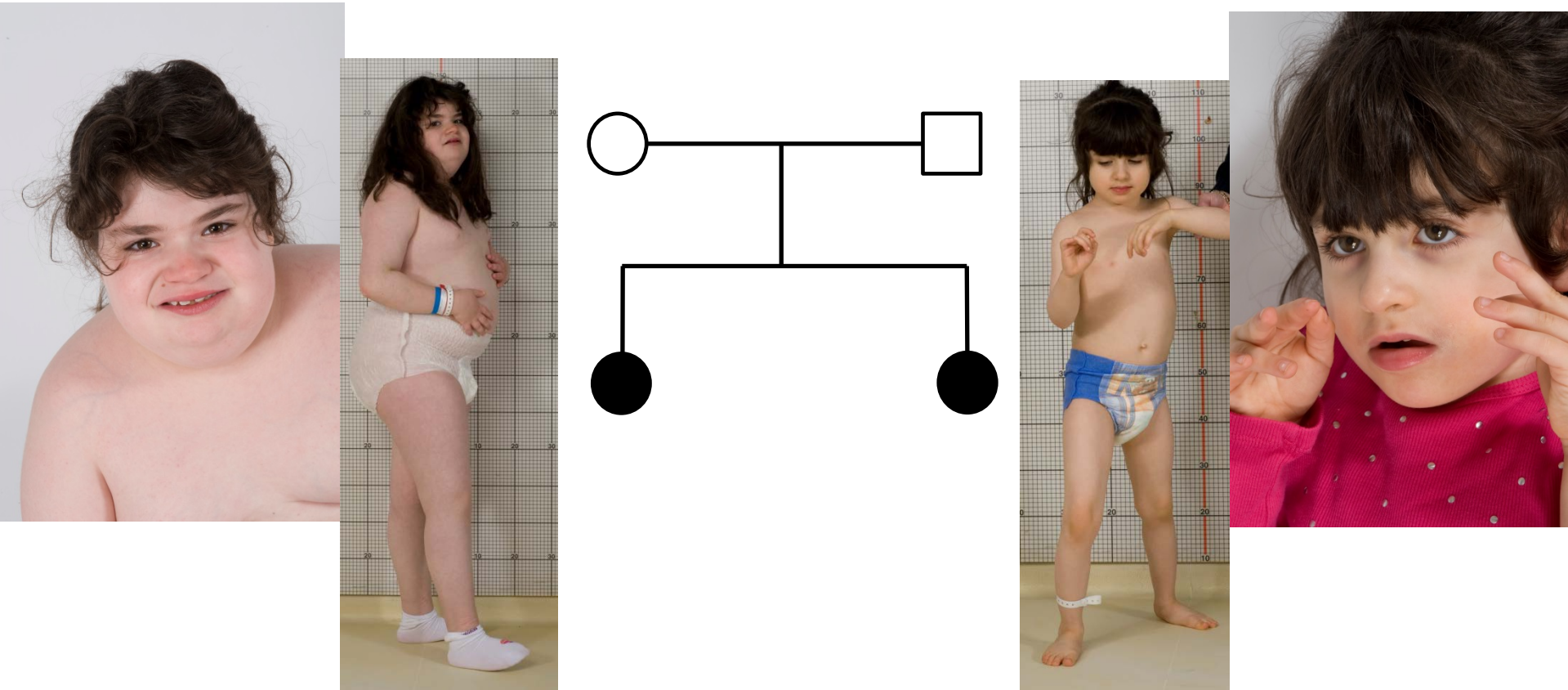
Tetanus	-> (+) protective titers
Diphtheria	-> (+) protective titers
HiB	-> (+) protective titers
Pnemoc.	-> (+) protective titers
Measles	-> (-) protective titers
Mumps	-> (-) protective titers
Varicella	-> (-) protective titers

More than one disease
in a non-consanguineous family



Careful phenotyping is key

- Sibling pair with recurrent episodes of ketotic hypoglycemia

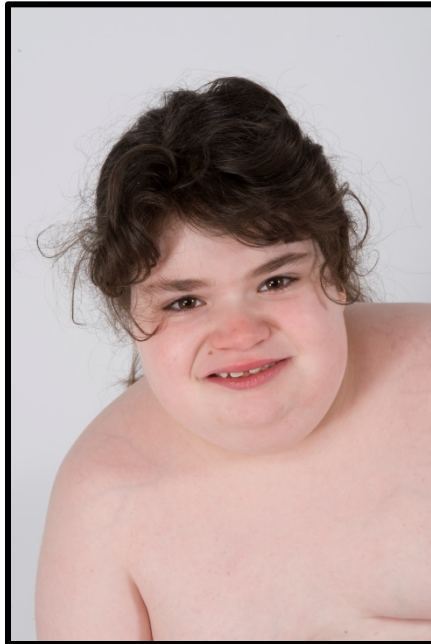


Three rare diseases in one Sib pair: *RAI1*, *PCK1*, *GRIN2B* mutations associated with Smith–Magenis Syndrome, cytosolic PEPCK deficiency and NMDA receptor glutamate insensitivity



David R. Adams^{a,b}, Hongjie Yuan^c, Todd Holyoak^d, Katrina H. Aja^d, Parvin Hakimi^{g,h}, Thomas C. Markello^a, Lynne A. Wolfe^a, Thierry Vilboux^b, Barbara K. Burton^{e,f}, Karin Fuentes Fajardo^a, George Grahameⁱ, Conisha Holloman^j, Murat Sincan^a, Ann C.M. Smith^a, Gordon A. Wells^{k,l}, Yan Huang^a, Hugo Vega^a, James P. Snyder^k, Gretchen A. Golas^a, Cynthia J. Tiff^a, Cornelius F. Boerkoel^a, Richard W. Hanson^g, Stephen F. Traynelis^c, Douglas S. Kerr^{g,h,i}, William A. Gahl^{a,b}

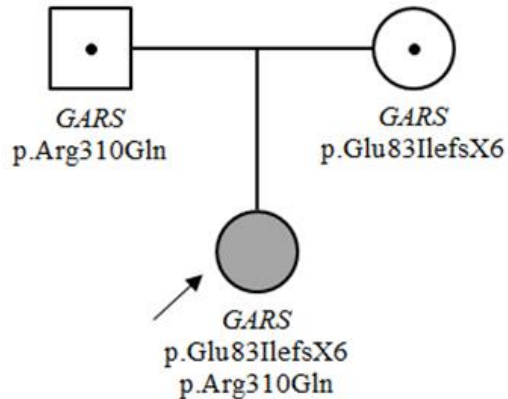
- PCK1 mutation for enzyme PEPCK
- Smith Magenis Syndrome (RAI1)
- PCK1 mutation for enzyme PEPCK
- GRIN2B mutation for ID phenotype



Unusual presentation of a more common disease

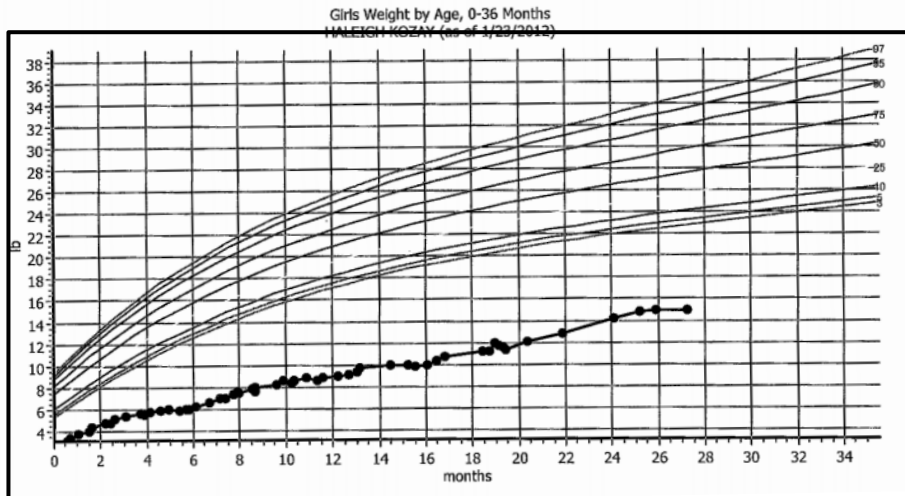


UDP 5316



■ GARS

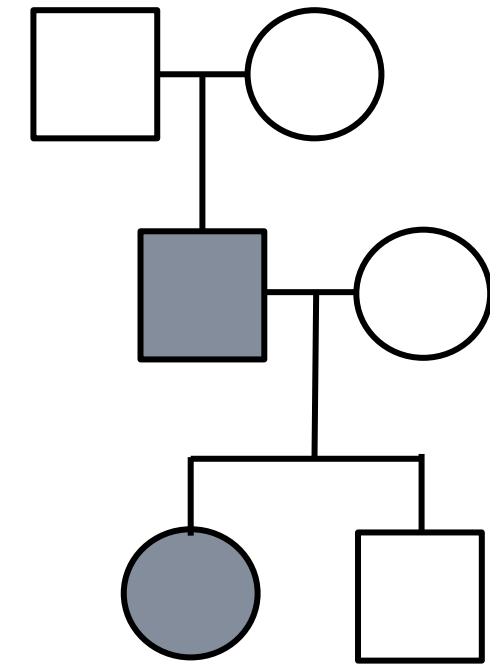
- Glycyl tRNA synthetase
- Charcot-Marie-Tooth disease, type 2D
- Distal hereditary motor neuropathy type VA
- Autosomal dominant



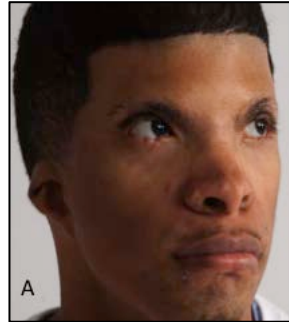
New disease/gene association



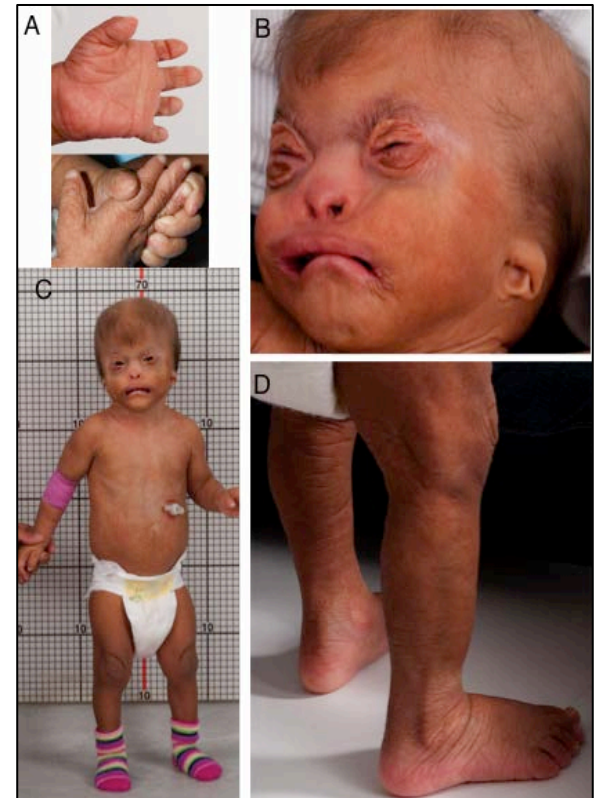
UDP 3866



Ablepharon macrostomia syndrome



Mosaicism in 1st generation (fertile)



Recurrent Mutations in the Basic Domain of *TWIST2* Cause Ablepharon Macrostomia and Barber-Say Syndromes

Shannon Marchegiani,^{1,2,31} Taylor Davis,^{1,31} Federico Tessadori,^{3,31} Gijs van Haaften,⁴ Francesco Brancati,⁵ Alexander Hoischen,⁶ Haigen Huang,⁷ Elise Valkanas,¹ Barbara Pusey,¹ Denny Schanze,⁸ Hanka Venselaar,⁶ Anneke T. Vulto-van Silfhout,⁶ Lynne A. Wolfe,^{1,9} Cynthia J. Tift,^{1,9} Patricia M. Zerfas,¹⁰ Giovanna Zambruno,¹¹ Ariana Kariminejad,¹² Farahnaz Sabbagh-Kermani,¹³ Janice Lee,¹⁴ Maria G. Tsokos,¹⁵ Chyi-Chia R. Lee,¹⁵ Victor Ferraz,¹⁶ Eduarda Morgana da Silva,¹⁶ Cathy A. Stevens,¹⁷ Nathalie Roche,¹⁸ Oliver Bartsch,¹⁹ Peter Farndon,²⁰ Eva Bermejo-Sanchez,²¹ Brian P. Brooks,²² Valerie Maduro,¹ Bruno Dallapiccola,²³ Feliciano J. Ramos,²⁴ Hon-Yin Brian Chung,²⁵ Cédric Le Caignec,²⁶ Fabiana Martins,²⁷ Witold K. Jacyk,²⁸ Laura Mazzanti,²⁹ Han G. Brunner,^{6,30} Jeroen Bakkers,³ Shuo Lin,⁷ May Christine V. Malicdan,^{1,9,*} Cornelius F. Boerkoel,¹ William A. Gahl,^{1,9,*} Bert B.A. de Vries,⁶ Mieke M. van Haelst,⁴ Martin Zenker,^{8,32} and Thomas C. Markello^{1,32}

TWIST2:c.223G>A(p.E75K)

Transcription factor

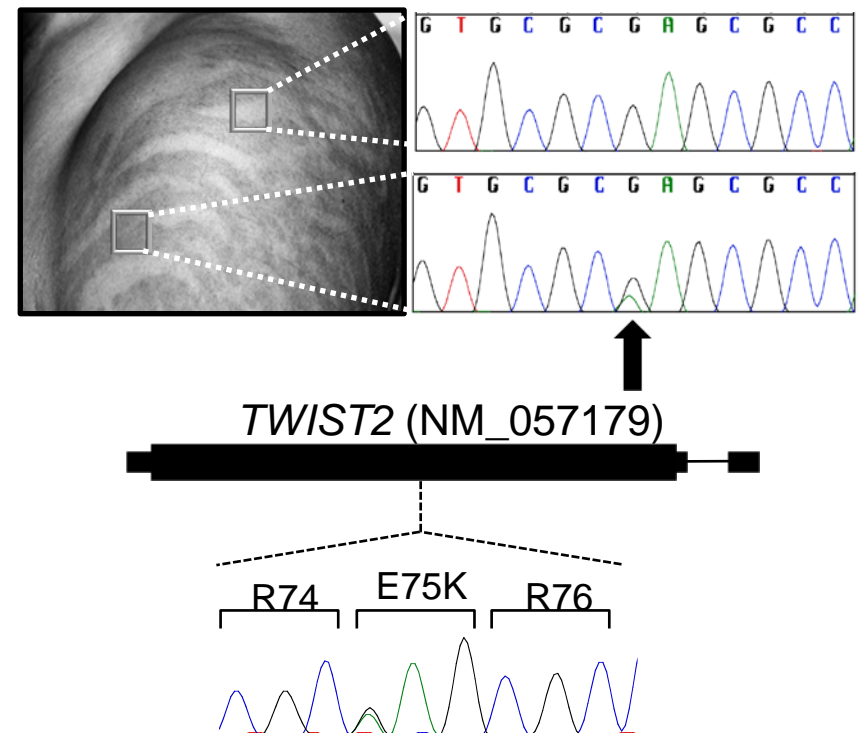
Group A helix-loop-helix transcription factor (E box)

Mesenchyme and craniofacial and dermis in embryogenesis plus cell maintenance

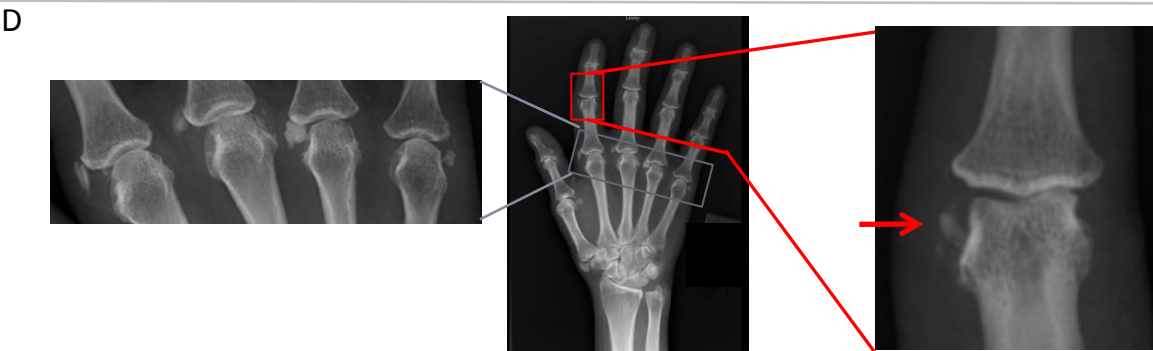
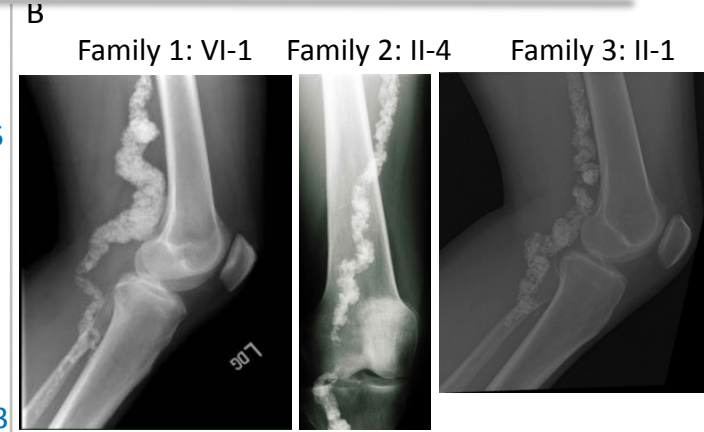
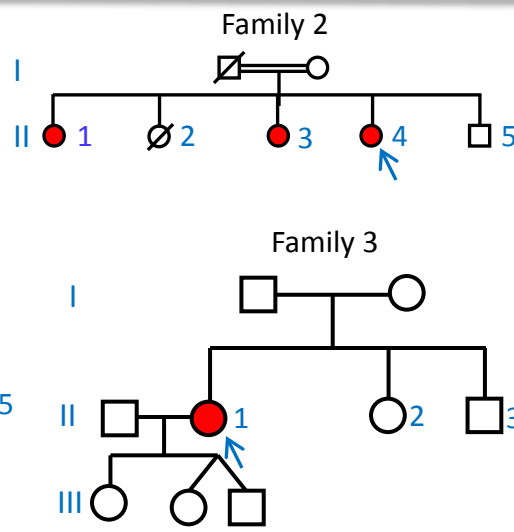
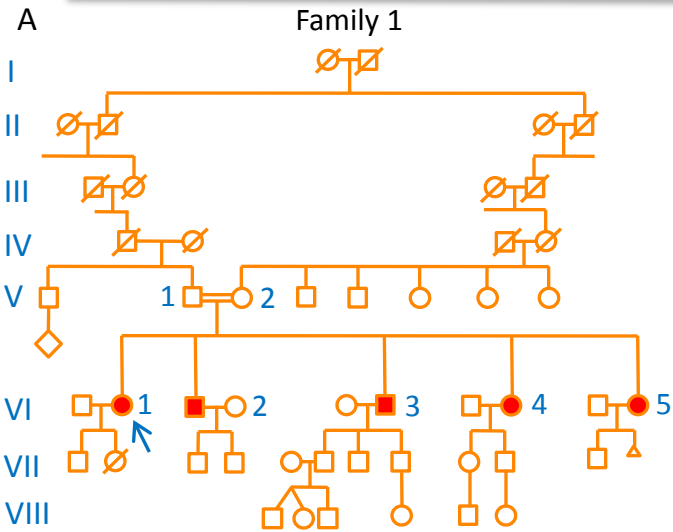
Autosomal dominant

7 families with Ablepharon macrostomia

10 families with Barber-Say syndrome



Families with Arterial/Joint Capsule Calcification

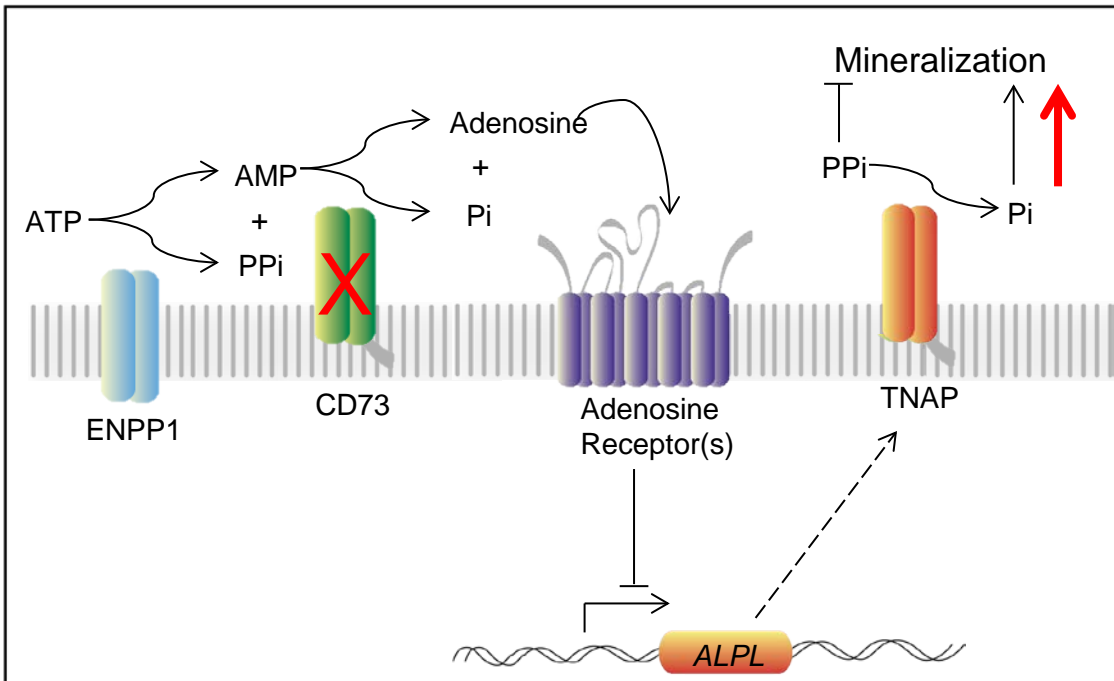


ORIGINAL ARTICLE

NT5E Mutations and Arterial Calcifications

Cynthia St. Hilaire, Ph.D., Shira G. Ziegler, B.A., Thomas C. Markello, M.D., Ph.D., Alfredo Brusco, Ph.D., Catherine Groden, M.S., Fred Gill, M.D., Hannah Carlson-Donohoe, B.A., Robert J. Lederman, M.D., Marcus Y. Chen, M.D., Dan Yang, M.D., Ph.D., Michael P. Siegenthaler, M.D., Carlo Arduino, M.D., Cecilia Mancini, M.Sc., Bernard Freudenthal, M.D., Horia C. Stanescu, M.D., Anselm A. Zdebik, M.D., Ph.D., R. Krishna Chaganti, M.D., Robert L. Nussbaum, M.D., Robert Kleta, M.D., Ph.D., William A. Gahl, M.D., Ph.D., and Manfred Boehm, M.D.

N Engl J Med 2011; 364:432-442 | February 3, 2011 | DOI: 10.1056/NEJMoa0912923



The finding of additional families and strong candidate genes led to gene discovery.

Could adenosine or an adenosine analog decrease calcification in the major vessels of individuals with atherosclerosis?

Courtesy S. Ziegler

Expanding the vision...

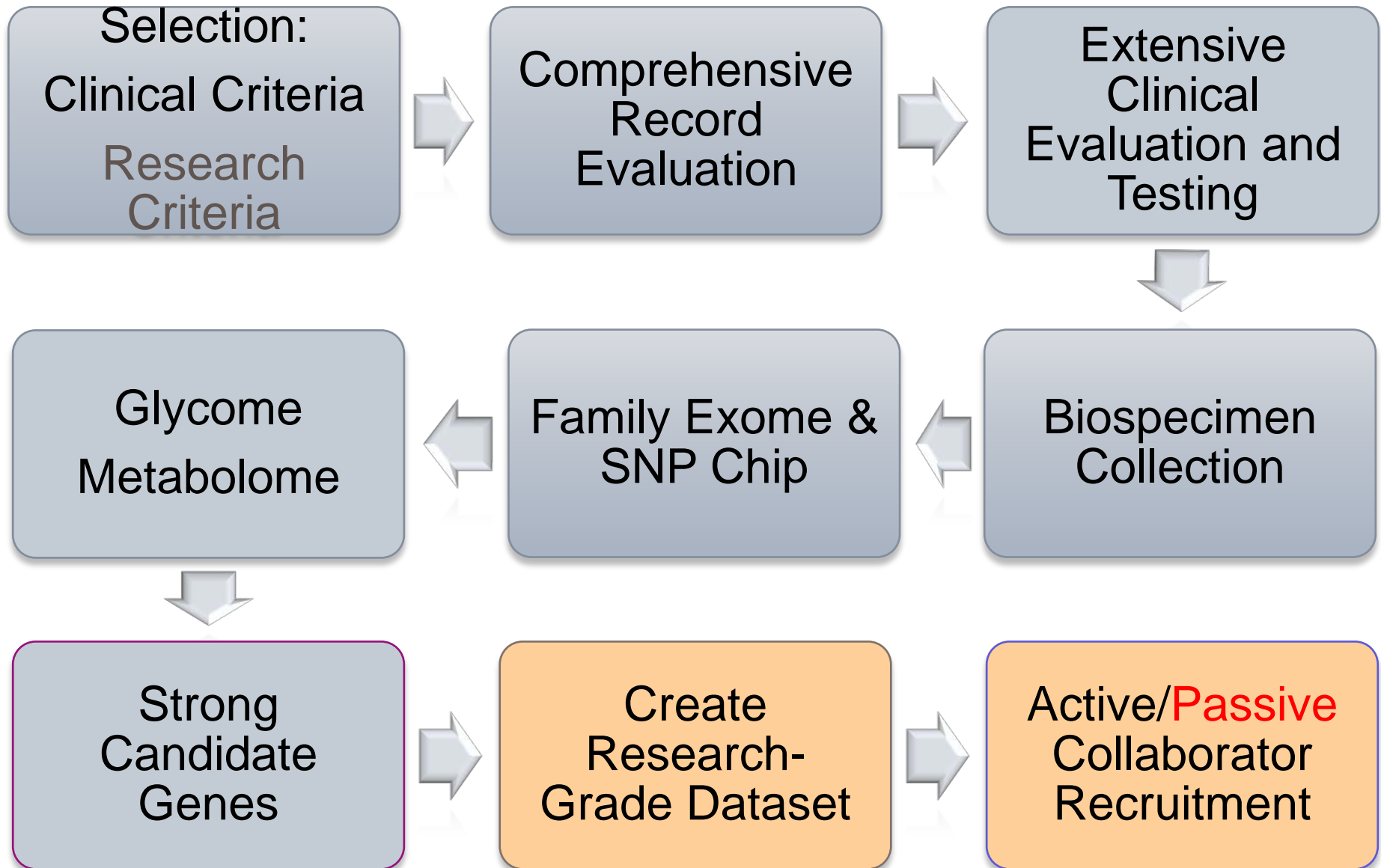


What about the 75% of cases unsolved...

- Good candidate genes in an additional 70 families (quartets on average)
 - Mendelian consistent, rare, good coverage, and predicted deleterious, BUT
 - Gene is not associated with any known disease
 - Gene associated with known disease, but not our phenotype



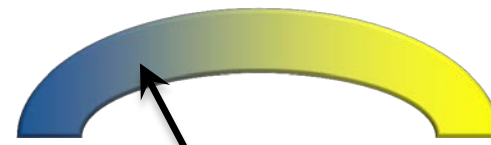
UDP Process Revised & *Extended*



UDP Integrated Collaboration System

- A patient centric information, process management and communications system designed to improve productivity and collaboration.
- Enables UDP leaders to manage each patient's disease as a unique research project with unique experimental design and cohort of collaborators.





QUICK PHENOTYPE SEARCH:

Enter keywords and choose among suggested ontology terms

▼ CRANIOFACIAL

☐ NA ☒ Y ☐ N Craniosynostosis
☐ NA ☒ Y ☐ N Cleft upper lip
☐ NA ☒ Y ☐ N Cleft palate
☐ NA ☒ Y ☐ N Abnormal facial shape

Other
(enter free text and choose among suggested ontology terms)

▼ EYE DEFECTS

☐ NA ☒ Y ☐ N Visual impairment
☐ NA ☒ Y ☐ N Abnormality of the cornea
☐ NA ☒ Y ☐ N Coloboma
☐ NA ☒ Y ☐ N Abnormality of the anterior chamber
☐ NA ☒ Y ☐ N Cataract
☐ NA ☒ Y ☐ N Abnormality of the retina
☐ NA ☒ Y ☐ N Abnormality of the optic nerve
☐ NA ☒ Y ☐ N Microphthalmos
☐ NA ☒ Y ☐ N Nystagmus
☐ NA ☒ Y ☐ N Strabismus

Other
(enter free text and choose among suggested ontology terms)

▼ EAR DEFECTS

Deafness

☐ NA ☒ Y ☐ N Sensorineural
☐ NA ☒ Y ☐ N Conductive
☐ NA ☒ Y ☐ N Preauricular pit
☐ NA ☒ Y ☐ N Preauricular skin tag
☐ NA ☒ Y ☐ N Abnormality of the outer ear
☐ NA ☒ Y ☐ N Abnormality of the inner ear

CURRENT SELECTION

GROWTH PARAMETERS

Decreased body weight [Delete](#) · [Clear details](#)

Neonatal onset
Slow progression

CRANIOFACIAL

Cleft upper lip [Delete](#) · [Clear details](#)

No additional information.

EYE DEFECTS

Cataract [Delete](#) · [Add details](#)

EAR DEFECTS

Abnormality of the outer ear [Delete](#) · [Add details](#)

MUSCULOSKELETAL

Hip osteoarthritis [Delete](#) · [Add details](#)

BEHAVIOR, COGNITION AND DEVELOPMENT

Repetitive compulsive behavior [Delete](#) · [Add details](#)

Mutism [Delete](#) · [Add details](#)

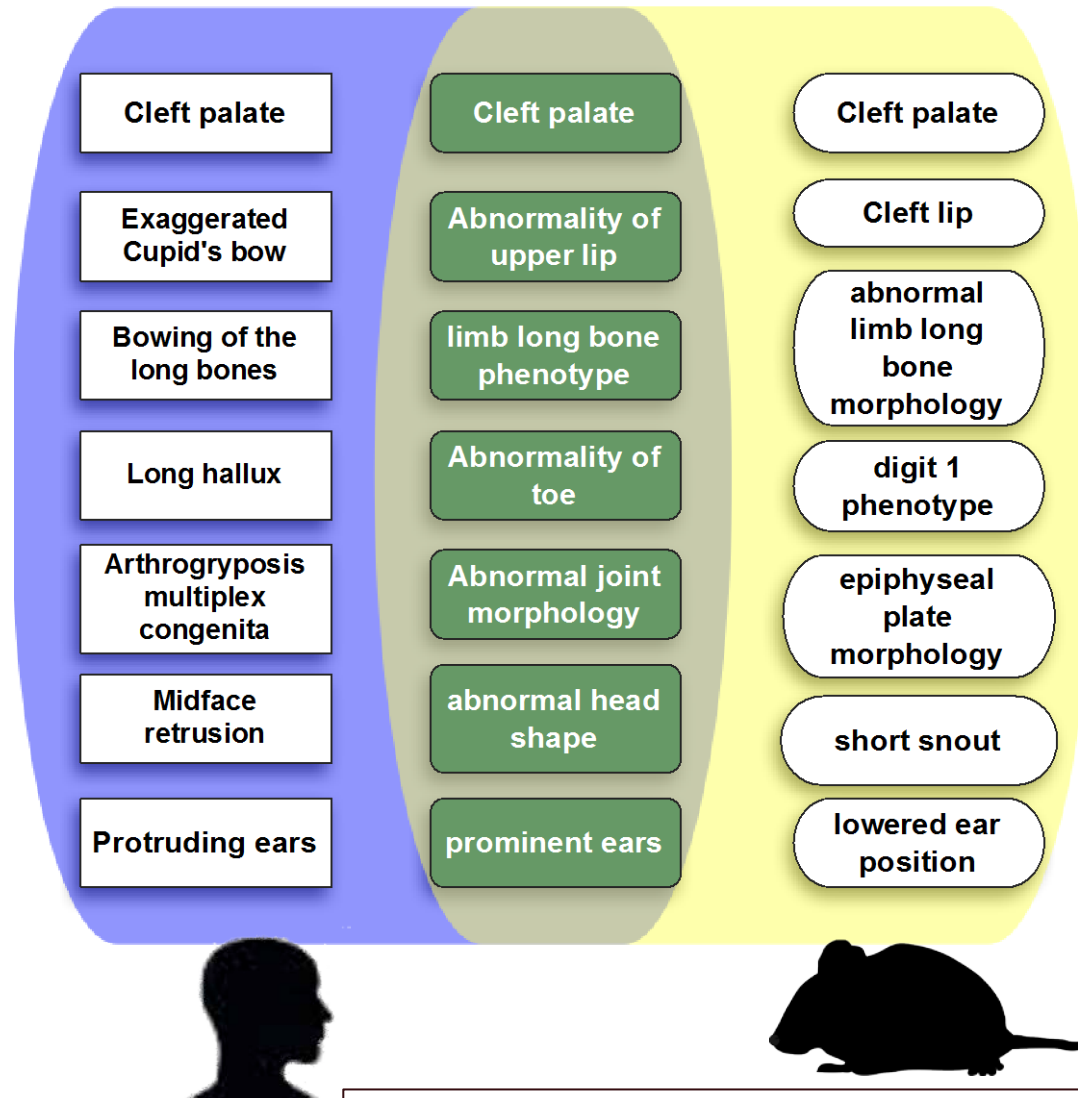
Self-injurious behavior [Delete](#) · [Add details](#)

Attention deficit hyperactivity disorder [Delete](#) · [Add details](#)

Behavioural/Psychiatric Abnormality [Delete](#) · [Clear details](#)

No additional information.

Phenotype similarity across patients orany organism



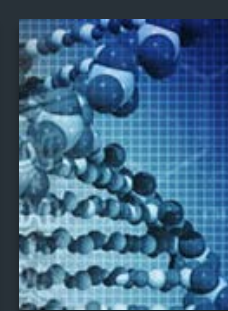
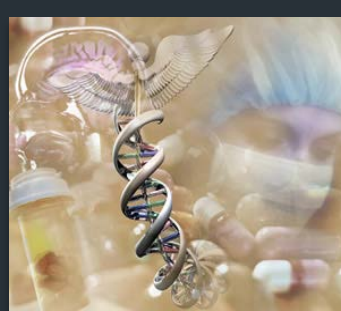
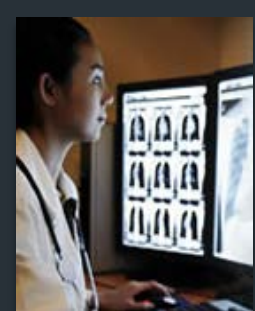
Finding the second case...

Matchmaker Exchange



No good deed goes unpunished...





The Undiagnosed Diseases Network



National Institutes of Health
Office of Strategic Coordination - The Common Fund

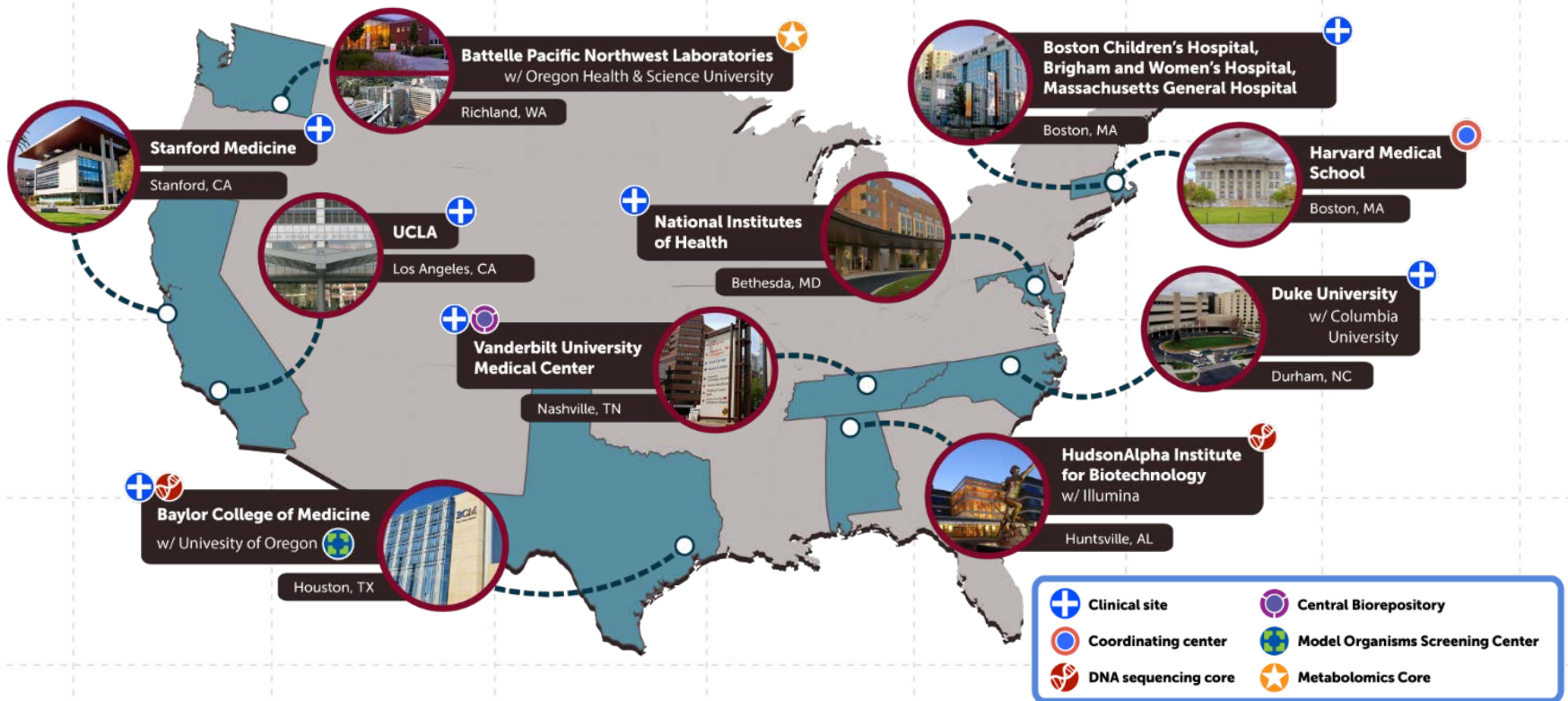




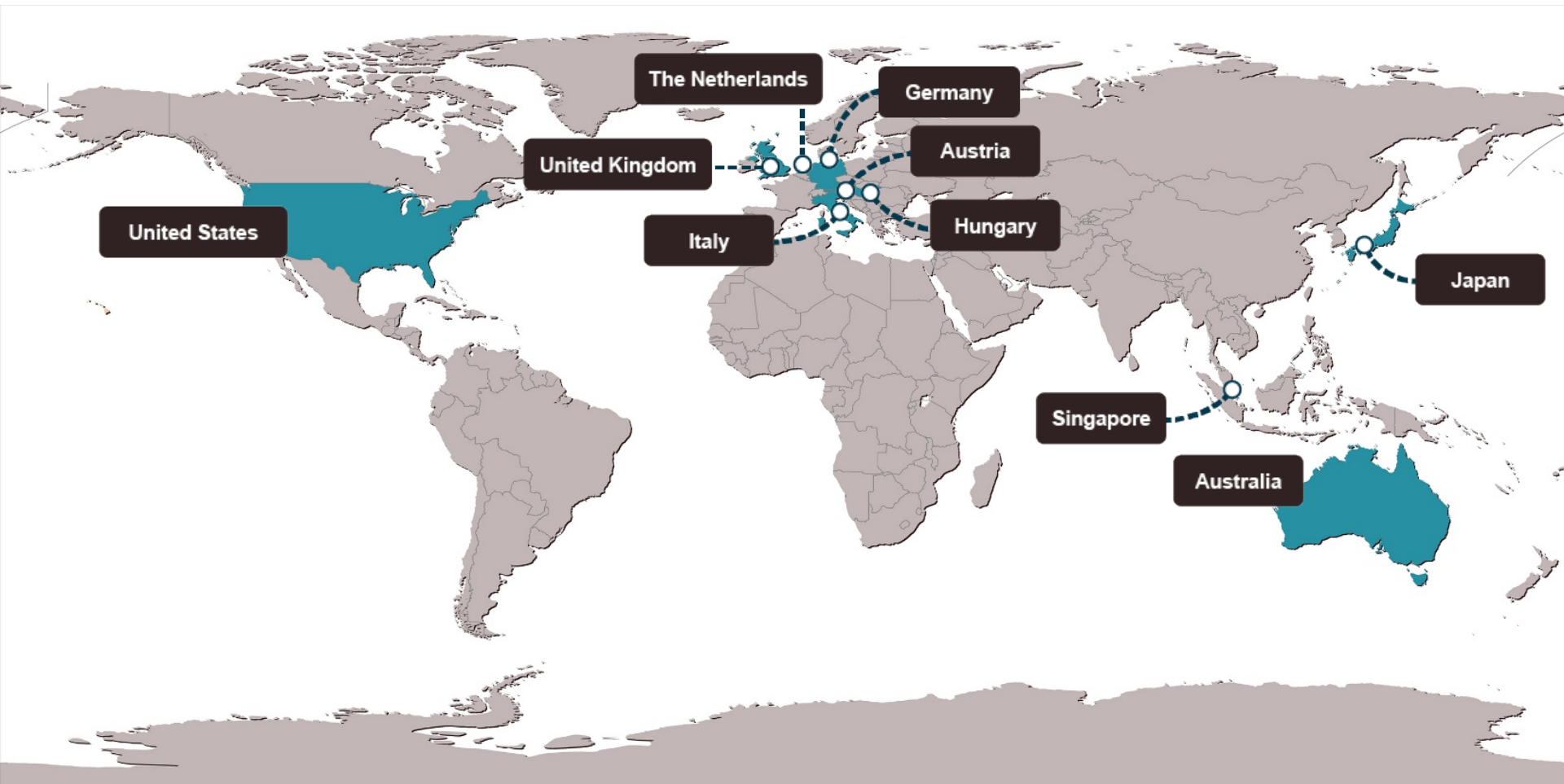
UDN Objectives

1. **Improve the level of diagnosis and care** for patients with undiagnosed diseases
2. **Facilitate research** into the etiology of undiagnosed diseases
3. **Create an integrated and collaborative research community** to identify improved options for optimal patient management

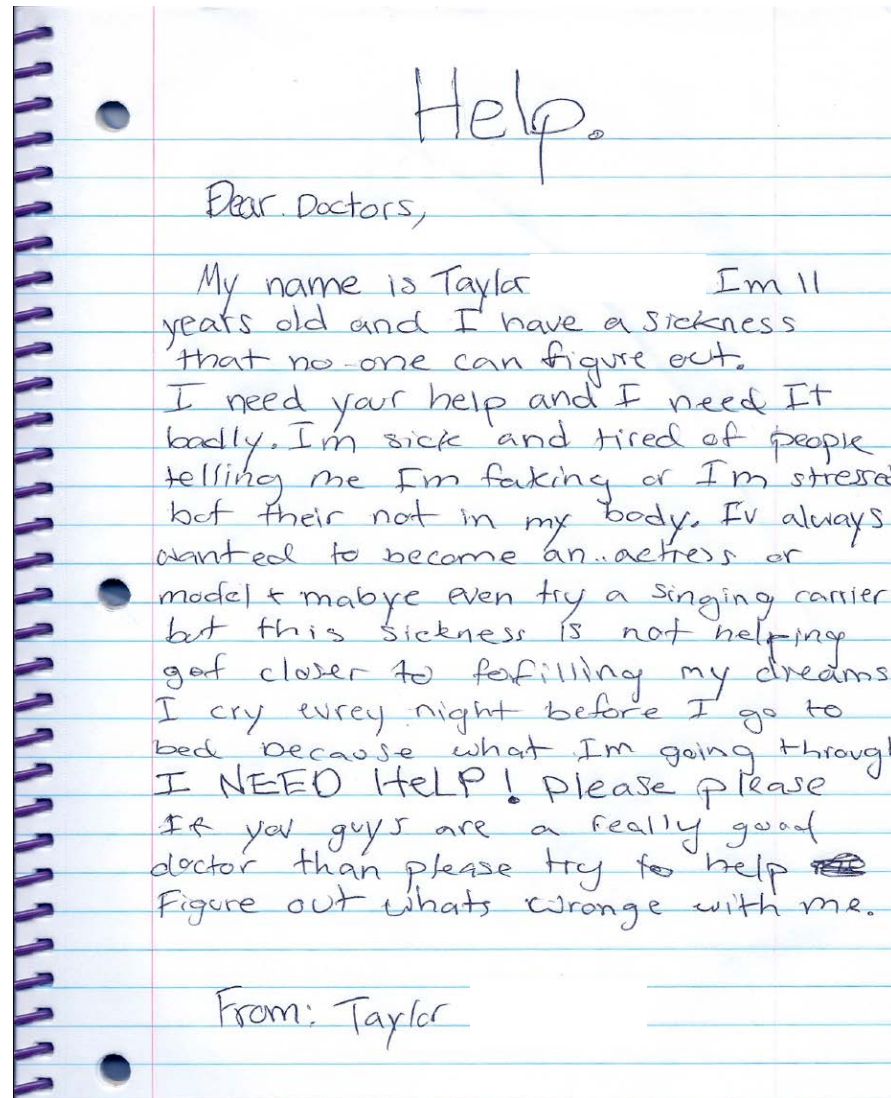




The NIH site will continue to enroll about 150 patients per year, each of the clinical sites will ultimately enroll about 50 patients per year.



A cry for help.....



“A small group of thoughtful people could change the world. Indeed, it’s the only thing that ever has.”

-Margaret Mead

